

# **Fundamentals of Nursing**

## **NUR 2200**

### **Fundamentals of Nursing**

This course introduces concepts basic to beginning nursing practice. Emphasis is placed on the application of the nursing process to provide and manage care as a member of the discipline of nursing. Upon completion, students should be able to demonstrate beginning competence in caring for individuals with common alterations of health. This distance learning course has more than 2500 InterActive Questions and Answers with Rationales designed to increase proficiency and student success rate on the subject matter.

### **Optional Textbooks**

1. Kozier, B., Erb, G. (2004). Fundamentals of Nursing 7th Edition. New Jersey: Prentice Hall
2. Carpenito, L. J. (2003). Handbook of Diagnoses. (10th Edition). Philadelphia: J. B. Lippincott.
3. Smeltzer, S. and Bare, B. (2004). Brunner and Suddarth's Textbook of Medical-Surgical Nursing. (10th Edition). Philadelphia: J. B. Lippincott.

## **Course Content**

### **UNIT 1 THE NATURE OF NURSING**

- Chapter 1 Historical and Contemporary Nursing Practice
- Chapter 2 Nursing Education and Research
- Chapter 3 Nursing Theories and Conceptual Frameworks
- Chapter 4 Legal Aspects of Nursing
- Chapter 5 Values, Ethics and Advocacy

### **UNIT 2 CONTEMPORARY HEALTH CARE**

- Chapter 6 Health Care Delivery Systems
- Chapter 7 Community Nursing and Care Continuity
- Chapter 8 Home Care
- Chapter 9 Nursing Informatics

### **UNIT 3 THE NURSING PROCESS**

- Chapter 10 Critical Thinking and the Nursing Process
- Chapter 11 Assessing
- Chapter 12 Diagnosing
- Chapter 13 Planning
- Chapter 14 Implementing and Evaluating
- Chapter 15 Documenting and Reporting

#### **UNIT 4 HEALTH BELIEFS AND PRACTICES**

- Chapter 16 Health Promotion
- Chapter 17 Health, Wellness, and Illness
- Chapter 18 Culture and Heritage
- Chapter 19 Complementary and Alternative Healing Modalities

#### **UNIT 5 LIFESPAN DEVELOPMENT**

- Chapter 20 Concepts of Growth and Development
- Chapter 21 Promoting Health from Conception through Adolescence
- Chapter 22 Promoting Health in Young and Middle-Aged Adults
- Chapter 23 Promoting Health in Elders
- Chapter 24 Promoting Family Health

#### **UNIT 6 INTEGRAL ASPECTS OF NURSING**

- Chapter 25 Caring
- Chapter 26 Communicating
- Chapter 27 Teaching
- Chapter 28 Delegating, Managing, and Leading

#### **UNIT 7 ASSESSING HEALTH**

- Chapter 29 Vital Signs
- Chapter 30 Health Assessment

#### **UNIT 8 INTEGRAL COMPONENTS OF CLIENT CARE**

- Chapter 31 Asepsis
- Chapter 32 Safety
- Chapter 33 Hygiene
- Chapter 34 Diagnostic Testing
- Chapter 35 Medications
- Chapter 36 Skin Integrity and Wound Care
- Chapter 37 Perioperative Nursing

#### **UNIT 9 PROMOTING PSYCHOSOCIAL HEALTH**

- Chapter 38 Sensory Perception
- Chapter 39 Self-Concept
- Chapter 40 Sexuality
- Chapter 41 Spirituality
- Chapter 42 Stress and Coping
- Chapter 43 Loss, Grieving, and Death

## **UNIT 10 PROMOTING PHYSIOLOGIC HEALTH**

- Chapter 44 Activity and Exercise
  - Chapter 45 Rest
  - Chapter 46 Pain Management
  - Chapter 47 Nutrition
  - Chapter 48 Urinary Elimination
  - Chapter 49 Fecal Elimination
  - Chapter 50 Oxygenation
  - Chapter 51 Circulation
  - Chapter 52 Fluid, Electrolyte, and Acid-Base Balance
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